

9/1/2018

SADDLEWOOD



Message from the Manager

Hello Everyone,

Time is just flying by and summer is almost over. I hope everyone has enjoyed their summer and looking forward to the fall. We have had some great weather this summer expect for those few really HOT days!! Fall is on the way and I am ready!!

This fall we will be trimming all the trees throughout the community. All request must be in a written work order form. We have the forms at the office.

Our new sales representative is doing a great job. He has received his license from the state and ready to go. We have an Open House every Saturday from 1pm to 3pm. If you have not met Paul Lobosco yet, please stop in and say hello. The sales office will be open on Saturdays from now on from 9am to 5pm. Paul is here to meet new prospects and have open houses so if you need something from the office or have any issues; you will need to stop in the office Monday through Friday for business. Feel free to stop by the open house but please remember that he is working and not there to socialize.

We still have a few residents that are parking on the grass so please stop parking on the grass or we will have your car towed. I will be doing some walk around inspections at the homesites over the next couple of months. Our goal is to improve the appearance of the community and make it safe for everyone. We want you to be proud to call this community home and be excited to welcome new neighbors.

Thanks to all of you for sharing your BIG SMILES and your WARM HOSPITALITY to all of our prospects when we are out and about!

“Life’s not always perfect, but it’s always what you make it. So, make it count, make it memorable and never let anyone steal your happiness.”

Today is not just another day. It’s a new opportunity, another chance, A New Beginning... EMBRACE IT!!!

Faith keeps you strong, Love keeps you whole and happiness keeps you Alive. So, don’t be a downer! BE HAPPY, BE STRONG, BE FREE, and BE ALIVE...

Enjoy all your blessing and Be Kind,

Joanne

Recipe of the Month

Taco Casserole

Ingredients

- 6 cups corn tortilla chips
- 2 cups vegetarian chili with beans
- 1 cup shredded Cheddar cheese
- 2 cups shredded lettuce
- 2 roma (plum) tomatoes, chopped
- 1/2 cup salsa
- 1/4 cup sour cream

Directions

Preheat the oven to 350 degrees F (175 degrees C).

Place chips in the bottom of a 9inch square baking dish. Pour chili straight from the can over the chips. Sprinkle shredded cheese over the top.

Bake for 20 to 25 minutes in the preheated oven, until chili is bubbling and cheese is melted. Top with lettuce, tomato, sour cream and salsa in the pan, or after serving



HAPPY BIRTHDAY

Willette Barnes -9/24



Dates to Remember

September 3 – Labor Day

September 9- Grandparents Day

September 11 – 911 Remembrance

September 13 – Friday 13th

September 16 – Wife Appreciation Day

September 20 – AIKEN PUBLIC SCHOOL REPORTS ISSUED

September 22 – Business Women’s Day

September 26 – AIKEN PUBLIC SCHOOL EARLY DISMISSAL





Let's Talk Sales

Hello everyone, Happy Labor Day Weekend coming up. Our office is now open on Saturday's from 9 am to 5 pm but will be closed from 1 to 3 pm for open houses we will be having. Please invite your friends and relatives to come and visit and get that Jensen resident referral and take advantage of our program and save money and get 2 months of land lease paid. The holidays will be here before you know it. We installed a car port on our new model across from the clubhouse. It shades the entire side porch and looks great. Our other model home has a solid brick base and it really enhances the home. It is a striking contrast. We will let everyone know when we open them. Things are happening here. We are happy to be improving your community.

We are having quite a few employees returning to the Savannah River Site and they are viewing the community and telling us that many of them will be working there for 2 to 5 years. They love this location so close to the plant and the amenities that we offer. We are seeing an increased interest from folks who are considering moving here from North Augusta, too.

We are looking forward to the weather cooling off a little bit and excited about South Carolina football games. No matter who your favorite team is.

Make wise decisions, if you don't choose a path, one will be chosen for you.

Always try to find the good in everyone

Be thankful for the little things in life

Have a safe and happy Holiday

Paul

We 
Referrals

A Few Tips for Staying Healthy

1. Take three minutes in the morning for you. Before you check your handheld or turn on any other electronics, light a candle, take some deep breaths, set your intentions, check in with your body-mind. Having even a few moments of sanity first thing in the morning can change the way you relate to the rest of your day.

2. Make and eat a whole-foods breakfast. Try the smoothie to fuel your body for hours and give you the nutrition your brain and body need to sustain their sanity.

3. Take your vitamins. Your body goes through B-vitamins at a faster clip when you are stressed, and being short on essential nutrients can radically diminish your mental and physical capacity.

4. Keep a protein drink mix and healthy snacks at work. Blood-sugar crashes and carb cravings will become a thing of the past, and your brain will thank you for the extra amino acids.

5. Master a few body-weight exercises you can do anywhere. Like planks, pushups, wall squats, and lunges.

6. Set a timer to trigger 10- to 15-minute breaks every two hours. This will help keep your body's ultradian rhythms on an even keel, priming your body and brain to operate at peak effectiveness throughout extended days.

7. Take a weekly yoga, meditation, or relaxation class. The more your sympathetic (fight-or-flight) nervous system is activated, the more you need to cultivate your parasympathetic (rest-relax-digest-and-connect) nervous system for balance.

8. Keep a water bottle with a splash of juice or a slice of cucumber within reach at all times. That little touch of flavor sets up a "return to substance" relationship between your brain and the water. You'll drink more, stay better hydrated, and function better as a result.

9. Use your commute to decompress versus multitask. Meditate, breathe, or listen to something calming rather than being in continuous contact with your handheld or to-do list.



Healthy
Living

CommunityEvents



September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						Movie Night 7:30-11:30pm
2	3	4	5	6	7	8
						Movie Night 7:30-11:30pm
9	10	11	12	13	14	15
					RESERVED	Movie Night 7:30-11:30pm
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Movie Night is open to the Community